



Guidance Note No. 9

Date: July 2015

TRAFFIC COUNTS & COURSE RESTRICTIONS

Due to the amount of traffic using our roads at specific times, it has become necessary to impose restrictions on the use of certain roads. The prime reason for these restrictions is to safe guard the safety of competitors and other road users - not to spoil the sport!!

Despite the provisions of the 1960 MoT Regulations regarding time trials, Cycling Time Trials is being put under increasing pressure by police authorities to discontinue use of certain roads altogether. It is often difficult to put up a constructive case to allow an event to take place without RECENT traffic count figures. Such vehicle counts need to be carried out regularly, ideally at least once a. year, and at the time the roads are in use for time trial events. It may be that local conditions cause problems at certain times. For example a shift change at a local factory, regular car boot sales or people attending their Sunday morning church service. Such factors MUST be taken into account, as must Bank Holidays, the closure of an adjacent road due to road works, or the holding of a large event such as the British Grand Prix, all of which will dramatically affect road conditions.

The criteria in determining the imposition of restrictions are:

For dual carriageway roads:

- 800 units per hour - acceptable
- 1000 units per hour - marginal
- 1200 units per hour - the road should not be used on that date and time in future.

For single carriageway roads:

- 400 units per hour - acceptable
- 500 units per hour - marginal
- 600 units per hour - the road should not be used on that date and time in future.

The correct method for carrying out a traffic count is as follows:

- Cars and small vans = 1 unit
- All other vehicles = 3 units

Counts should be undertaken at least twice per hour and for a minimum period of 10 minutes at each count. It is suggested that you mark each unit with a stroke of your pen using the 'five bar gate' method i.e

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Use a separate section of the form for each group of vehicles.

Completed forms should be sent to your District Secretary, or other nominated person, for information. They will be forwarded to the National Secretary (Competitions & Development) if it is felt necessary.

The Board of Directors of Cycling Time Trails (the "Board") will not consider any request for a relaxation of course restrictions unless it is supported by recent, relevant traffic count figures.

Form time to time, the Board may do their own counts on roads where there appears to be a problem. In this case, every effort will be made to inform the District Secretary of such action prior to it taking place.

Traffic Count Record

Date of Count _____ Name of Event _____

Precise Location of Count _____

MoT Road Number _____ Direction of Traffic Flow _____

Person doing the count _____ Club _____

Status in Club/District Council _____

Time	Units Recorded	Total	Units per Hour
From To	Cars = 1 unit		
	Other vehicles = 3 units		
From To	Cars = 1 unit		
	Other vehicles = 3 units		
From To	Cars = 1 unit		
	Other vehicles = 3 units		
From To	Cars = 1 unit		
	Other vehicles = 3 units		
From To	Cars = 1 unit		
	Other vehicles = 3 units		
From To	Cars = 1 unit		
	Other vehicles = 3 units		